

Sixth Form Enrichment Courses 2022-23

- Students in Year 12 must opt for two of the courses entailing at least two hours per week. If timetables allow.
- Students in Year 13 are also welcome to apply for one of the courses listed below, particularly where this relates to higher education and career aspirations.
- Some courses are only for one term and you will therefore need to choose again at the beginning of the next term
- Courses may carry a national award.
- Ultimately, some combinations will be prevented by the timetable or limited demand.
- These courses represent a considerable expense on behalf of the school. Students are expected to make a commitment and once their place on a course is secured, failure to complete or to attend the assessment will mean that an invoice is issued to cover the cost of the entry, which can be as much as £100

1) Teaching Primary School Physical Education Lessons – Two periods a week for two terms

This is an opportunity to learn how to teach basic primary school multi-sport Physical Education lessons and then deliver these lessons in surrounding town schools such as VCP, St Lukes, First Tower, Rouge Bouillon and so on... Over term one you will be taught the basic fundamental teaching process of a 45 minute/one hour PE lesson. You will learn fun, engaging and relevant games to use and develop as you see fit. You will also learn how to create appropriate lessons plans as a tool to improve the standard of your lessons. There will be an allocation of two lessons a week. Mondays lesson will be classroom based and Tuesdays lesson will be practical based in the sports hall. After Christmas you will then deliver your lessons in primary schools. You will be in two's or three's when doing this and there will be a classroom teacher from the designated school in all your lessons.

Benefits – This would be ideal for those pupils wishing to do a sports coaching or teaching job in the future. It is an opportunity to develop teaching and coaching skills which would allow you to gain weekend, afterschool or school holiday employment with Jersey Sport, JFA and many more... You will also improve your interpersonal, leadership and public speaking skills if you decided to enrol on this course.

2) Home Cooking Skills – ONE period a week – **for one term**

This course will be delivered at JCG and is aimed at giving students the skills needed to prepare and present food at home and to eat healthily and economically.

Our World of Opportunity

3) STEM – Projects aimed at Year 13 Physics students to enhance their personal statements but open to others if you have spoken to Dr Cooke

4) CV – ONE period a week – **one term**

A series of activities by the sports department. Sessions will be tailored to suit individual personal goals or targets.

5) STEM – ONE period a week - All Year 12 DT students **must** take this option for the Autumn term

Engineering and STEM careers are more and more in demand, from Product Design through to Architecture, Civil and Mechanical Engineering. Many University courses and employers will expect you to have an understanding of 3 Dimensional Design and Analysis software. At Victoria College, we have a full site licence for the software Solidworks, an industry standard package used for the design, testing and simulation of a range of products. You will be taught how to use the software and will be able to gain an official certification as a CWSA user. This stands for Certified Solidworks Associate and is a recognised Solidworks certificate. This is an excellent opportunity to build your understanding of 3D design, the use of 3D printers and CNC routers as well as an understanding of how this software can be used to design and simulate physical tests on products. Ideally students should be taking DT or Maths at A level. If not they need to speak to Mr Akers to discuss the course before embarking on it.

The link below takes you to the Solidworks certification site for more information.

http://www.solidworks.com/sw/support/796_ENU_HTML.htm

6) Public Speaking - LAMDA Gold Award – ONE period a week – for 2 terms

In today's competitive job market it is vitally important to have the ability to present yourself in a concise and coherent manner. The LAMDA course is designed to give you the confidence and ability to communicate effectively at both a public and private level, to a wide ranging audience. You will be taught how to structure your subject matter and to adapt your style to suit the situation, using visual aids where appropriate. This is an excellent opportunity to improve your personal skills and to get the edge over your competitors. A Distinction at Grade 8 also wins 24 UCAS points on the new Tariff

7) AS Level Photography – two periods a week – for two terms

This is an opportunity for students to develop their skill in both digital and traditional photography, leading to an AS Level and attracting UCAS points. Students will need to complete coursework and an external exam done over two days. This course is best suited to those who have done at least GCSE Art and those doing A level Art. You need to use your own camera and have a printer at home. Numbers are limited to 14

Please note that those taking this course will be expected to work independently outside the class on their Photography. A full A level is a possibility on discussion with Miss Ryan

Our World of Opportunity

8) Conversational French – ONE period a week – **for one term**

This is an opportunity to build on what was learnt at GCSE but at a conversational level and to have an introduction to the culture and life of a country at the very heart of European history and heritage. Progress in any of the language skills is assessed by a recognised award.

9) Jèrriais

How much do you know about our island? How do you make a Jersey Wonder? Learn all about Jersey's history, geography, folklore and culture, with our unique indigenous language of Jèrriais woven throughout in a fun, interactive way. There are fewer than 500 native speakers remaining so we must try our best to keep our local language alive! There will also be an opportunity to take part in the Jèrriais Eisteddfod in January 2022.

What is Jèrriais?

Jèrriais is the traditional language of Jersey, which is closely related to Norman French. It's an important part of Jersey's heritage.

Did you know that Jèrriais:

- used to be Jersey's first language
- was important during the Occupation, as locals could talk without being understood by the Germans
- is still evolving and new words are added to the Jèrriais vocabulary just as they are in English

Is it widely spoken?

According to the last census in 2001, there were nearly 3,000 people who spoke Jèrriais. This was around 3% of the population, with a further 15% having some understanding of the language. However, in the years since then, the number of speakers has declined significantly to an estimated 500. This means that our native language is considered as endangered.

Learning Jèrriais

It is important that Jèrriais remains a living language. By learning Jèrriais, you can help to ensure it has a future. There are very few parents and family members who are able to speak the language and pass it on to you, so that is why it's important that you have an opportunity to learn it at school.

In the past, most children in Jersey started school aged 4 or 5 speaking only Jèrriais. Sadly, due to the education system at the time which employed mostly English-speaking teachers, children were punished for speaking Jèrriais at school, so they quickly learned English. Over the years, the number of Jèrriais speakers continued to decline and now the situation is critical. The Jèrriais teaching team are delighted to offer Jèrriais as part of your Enrichment Programme.

Our World of Opportunity

10) History of Victoria College – if you are a History student, interested in Conservation or even in the Civil service where archiving is really important you may be interested in this activity. Victoria College has 170 years worth of historical documents which need to be moved into the 21st Century. What will be expected – The archive has moved location for the first time in 48 years from the Temple to the Library. There is a huge amount of cataloguing work that needs to be done so watch out for dormant strains of long forgotten diseases in the pages! Mr Wooldridge has a desire to put the history of the school online so that everybody has access to it and it is preserved for future generations, so if you are good with social media and you have great computer skills there is a role for you here. This activity will be good for History students, as you will be caring for primary sources of information, any budding conservationists, media and computer science students and will be invaluable when writing your personal statements for university.

11) Culture Club Discussion Group - share your thoughts and insights with other students to discuss **art, music, literature, architecture, and culture**. It's like a book club, but with a broader scope, encompassing all the arts, not just fiction. Debate will probably often be heated, and you will no doubt rarely all agree on the points raised, but you will have a great time discussing some **amazing and thought-provoking works of art, music & literature** such as cave paintings to Coke cans. You will be given guidance initially but then it will be up to you at the end of each session to establish the works that you wish to look at for the next session, this can be based around a theme for example works that were all published or released in a specific year: 1925. And what a year. In fact the variety of works is quite a surprise. Here's what you could be looking at.

- The Great Gatsby (novel) – F. Scott Fitzgerald
- Battleship Potemkin (movie) – Sergei Eisenstein
- Symphony No. 6 (music) – Carl Nielsen

12) Victoria College Class assistant – be an extra pair of hands for the class teacher for students in years 7 – 9. Tell Mrs Job your expertise subject and she will then try to place you in this subject in the lower school. This invaluable assistance for teachers will ensure that all students in the class reach their potential.

13) Work experience – If you are going to apply for a vocational course at university such as Architecture, Music, Drama, Medicine, Physiotherapy, Occupational therapy, law, primary teaching it is vital that you gain some relevant work experience to be able to talk about in your personal statement. If you have an independent study period P4 or 5 then it might be possible to organise some weekly work experience which includes lunch to make it a meaningful amount of time. In order to arrange this you will need to speak to Mrs Job.

14) Volunteering – Autumn and Spring term only with Mr Picot (Summer Term for new Prefects only a one term option to try and get a single event up and running)

15) Victorian – ONE period a week – for two terms

Our World of Opportunity

This would appeal to those students who are ambitious to become a Journalist or Marketing / PR. Mr Gorman takes not more than 4 students. One or two will be expected to take on the majority of the sport articles and a couple will be needed to cover art related subjects. You will have autonomy to generate your own content, which may involve a lot of independent research. This does provide a good platform to network in Jersey. Numbers are limited to 5

16) Every Child our Future – ONE period a week – two terms minimum

This is a scheme where you can help at St Luke's primary school to improve children's reading abilities. You will receive training at the beginning of the Autumn term you will have a meeting at the school before starting. This is a really valuable scheme not only for the children at St. Luke's but it also develops your work experience, communication skills and sense of community involvement. You will need to make your own way to and from St. Luke's and should abide by their guidelines with regards to health and safety. A placement is organised in one of your independent study periods that suits both you and St. Luke's primary school.

17) MS Office Excel, Word & Powerpoint plus learn about Adobe Photoshop and Animation

The vast majority of you will go on to work in some kind of office environment and there will often be an expectation that you are proficient at using MS Office software. In this enrichment option you will learn some more advanced features of Excel, Word and PowerPoint. I will also include some Adobe Photoshop &/or Fireworks for those of you who may be using graphics or working with photographs.

18) Yoga with Miss Kemp

The media and its commercialization is pretty misleading with regards to Yoga, this session will not be the stereotypical, mindfulness and slow exercises. Miss Kemp has access to equipment that you won't have (mats, tennis balls, footballs, etc). Her aim is to do a fitness Yoga program tailored to your needs - and so it probably wouldn't be spiritual at all and not that relaxing either. It will entail a series of exercises to strengthen your bodies against common repetitive strain injuries that young people often get (from sedentary activities like using phones to active ones such as athletics and football - where you may not currently be conditioning your bodies to absorb the pressures that are exerted on them.. This would hopefully decrease the risk of neck strain, shoulder/back pain, ACL injuries, hip/groin strain etc.).

19) Fundamentals of Financial Services

This qualification is an important first step in developing the essential basic knowledge required for working in financial services. It provides a broad overview of the industry and could be your stepping stone to a career in financial services.

You will learn about the types of banking and commonly used financial products, such as shares, bonds and insurance. It will provide you with an understanding of financial terminology and enable you to perform important basic calculations.

Our World of Opportunity

Assessment is a one hour multiple-choice examination where candidates have to select the correct answer from four possible alternatives. There are 30 questions in total and the pass mark for the exam is 70%.

The Qualification is underwritten by the Chartered Institute for Securities and Investment

20) Personal Trainer - Personal trainers talk to clients to find out about their fitness level and health history.

They would then:

- set realistic short-term and long-term goals and plan programmes for reaching them
- educate, motivate and coach clients to help them follow their programmes safely and effectively
- give clients advice on health, nutrition and lifestyle changes
- help clients with their workouts
- check and record clients' progress, using methods such as measuring heart rate and body-fat levels

We will fund £150 of the course for each student, in line with what we do for other courses, but there is then a further £650 that will need to be funded by you/your parents. There is an application process to receive support, but this might not be successful. Students who are Jersey Premium students can also receive financial support.

Time

1 hour per week of in-person taught practical

1 hour per week of online tuition

1 hour per week, approx, of independent work on portfolio

THREE weekend assessment dates in April which **must** be attended

Course completion

You must complete and pass the course, otherwise you will be invoiced for the remaining £150. This is in line with other qualifications that are offered.

Where it takes you

Firstly, this will provide you with skills and experience that can be referenced in applications for the workplace and university, irrespective of the course/job you are applying to. This will be particularly useful for those of you looking at sport or science/biology related degrees. The qualification is also industry recognised, and will be required to obtain a job in a gym. Level 2 qualified PTs can deliver group sessions and work on reception.

21) First Aid – a course which will cover the basics including nose bleeds, epileptic fits, broken bones & CPR. First Aid gives you tools to prevent a situation from becoming worse. In some situations if a patient doesn't receive basic first aid care immediately their situation will

Our World of Opportunity

deteriorate – often rapidly. By being able to provide basic care you can stabilise a patient until emergency medical services arrive.

22) Certificate in Teaching English as a Foreign Language (TEFL) - One period per week, - for three terms

This is a whole year course for those wishing to complete the qualification. Through the course, you will learn how to teach English to speakers of other languages. This would be a fantastic skill and qualification to have if you would like to travel or live in another country. It would also provide skills that would be useful in a future teaching career. Even if you are not considering teaching English in the future, this would certainly help you to know your own language better and fine tune your grammatical knowledge. As part of the enrichment, you can follow the online TEFL qualification with i-to-i, Completion of the course would qualify you to teach English as a foreign language. The course is assessed with an online test, followed by completion of a lesson plan and essay. In the summer term, there may be the opportunity for those who are keen to undertake some lesson observation and teaching with the EAL (English as Another Language) team in Jersey, supporting primary school children whose native language is not English.

23) Maths – this is a session per week on a termly basis aimed at students taking subjects such as DT, Psychology, Business, Economic, Geography, Biology to help with the mathematical elements of these courses. This is aimed at students who are not taking Maths at A level.

ENRICHMENT DELIVERY

	Monday 3	Tuesday 2	Thursday 4
	Photography (HR)	History of Victoria College (JW)	Culture Club (JW) Victorian DT STEM (KA)
	Core Maths (MB) Lamda (AW & RH) Microsoft Office + Adobe & Animation (OP)	STEM Yr13 (SGC) Photography (HR) Volunteering (RP) Jerriais (VV) CV (AF) PE Assistant at primary schools (ALE)	Lamda (RH & AW) Photography (HR) Yoga (RK) Conversational French (NE) TEFL (MA) First Aid (SJ)
	PE assistant at primary schools (ALE)		

Our World of Opportunity



VICTORIA COLLEGE

EST 1852

Fundamentals of Financial Services (DM) Personal Trainer (SH)			
--	--	--	--

Our World of Opportunity

Victoria College, Mont Millais, St Helier, Jersey JE1 4HT | 01534 638 200 | admin@vcj.sch.je | www.victoriacollege.je
LinkedIn: Victoria College Jersey | Twitter: @VictoriaCollege | Facebook: VictoriaCollegeJersey



Our World of Opportunity

Victoria College, Mont Millais, St Helier, Jersey JE1 4HT | 01534 638 200 | admin@vcj.sch.je | www.victoriacollege.je

LinkedIn: Victoria College Jersey | Twitter: @VictoriaCollege | Facebook: VictoriaCollegeJersey