Parent Seminar

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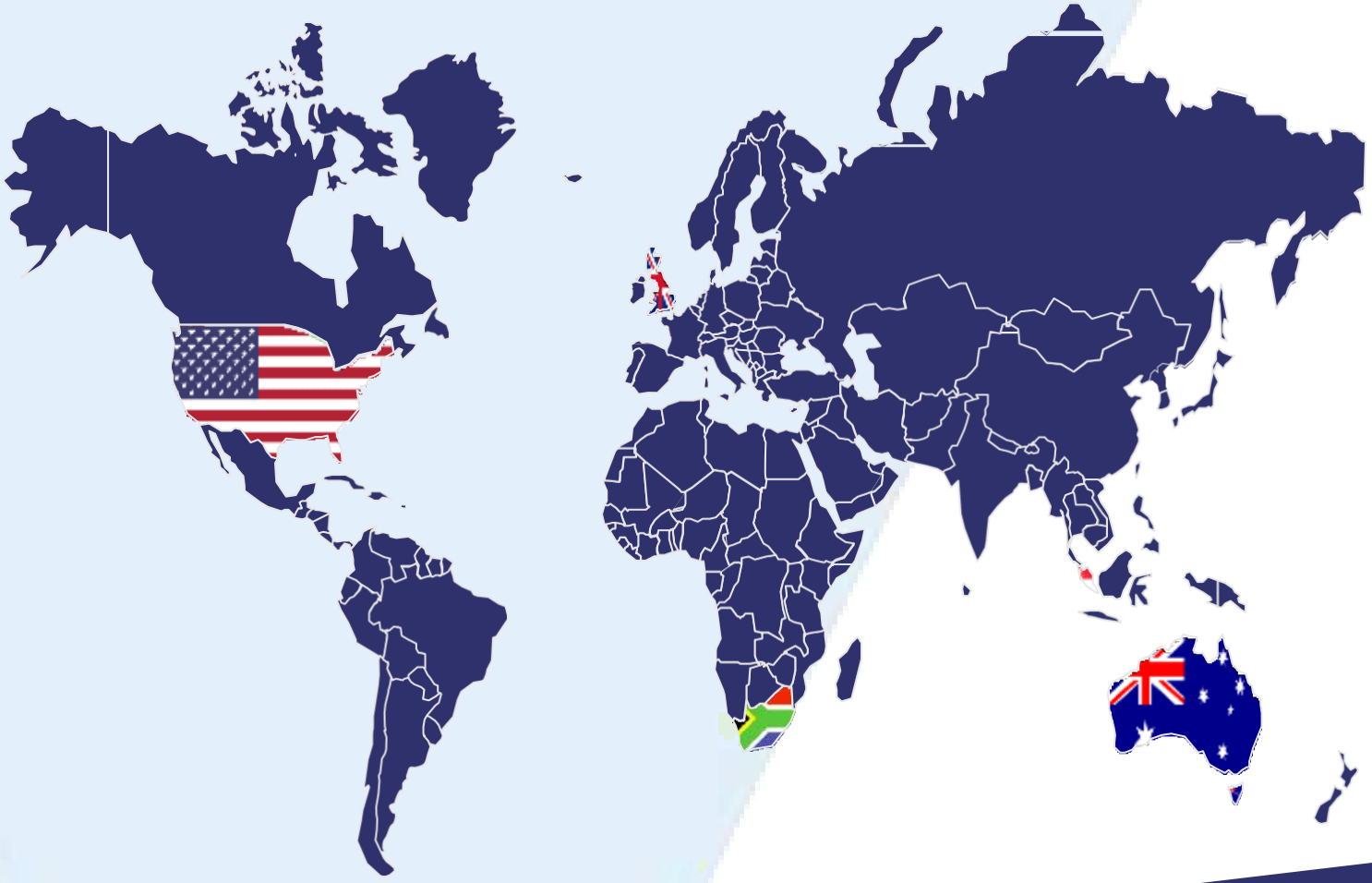
Elevate Education – Who are we?

Research: Why do the top students get the top results?

Work with the top students around the world (2000+ schools,
across 5 countries)

13 key study habits



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13 key skills

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Time Management

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Elevate Education – Study Timetables

Sport

What? When?

Social

What? When?

Hobbies

What? When?

TV

What? When?

Jo

What? When?

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Elevate Education – Study Timetables

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00							Sleep in
8:00	School						
9:00							
10:00						Basketball	
11:00							
12:00							
1:00							
2:00							
3:00							
4:00		Swimming		Swimming			
5:00			Guitar lesson		McDonalds		
6:00						Party	
7:00							
8:00	Netflix						
9:00			Netflix				
10:00							
11:00							
12:00							

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Motivation

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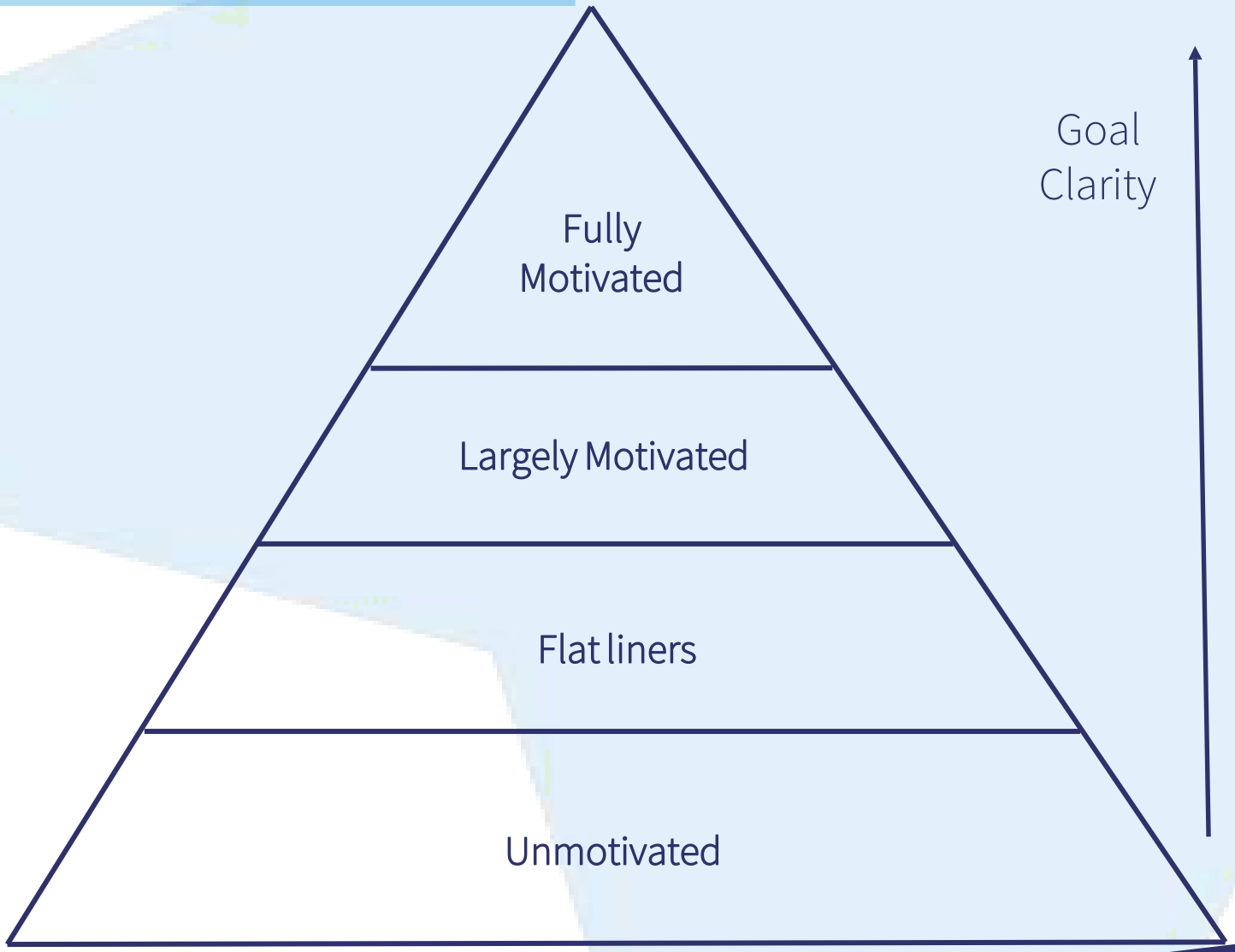
Hierarchy of Motivation



www.discoveruni.org.uk
www.ucas.com
www.notgoingtouni.co.uk

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Setting a goal

Step 1: Consider options and write down what you want to do

Step 2: Determine entrance requirements Step

3: Account for rising entrance scores Step 4:

Write the goal down & make it visual

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What to do

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3 types of work

1. Practice Papers

2. Making notes during term

3. Extra reading
   [literary analyses, in depth facts, alternative arguments, quotes]

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Dealing with Technology

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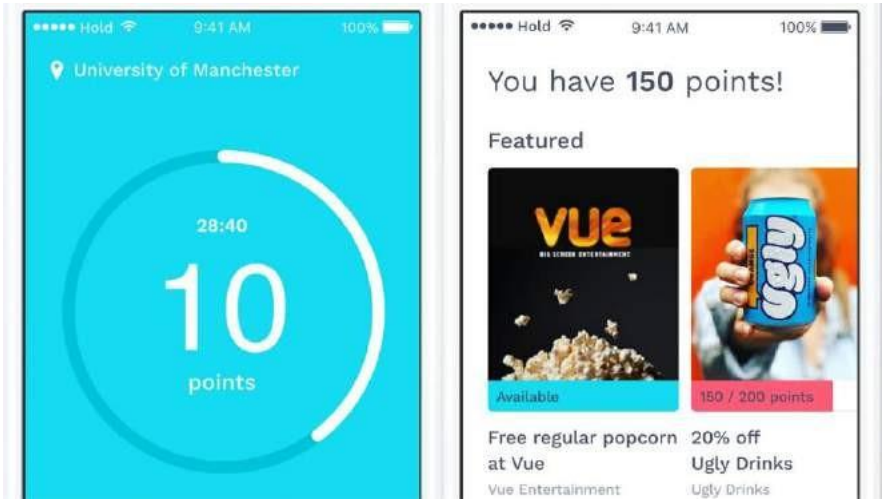
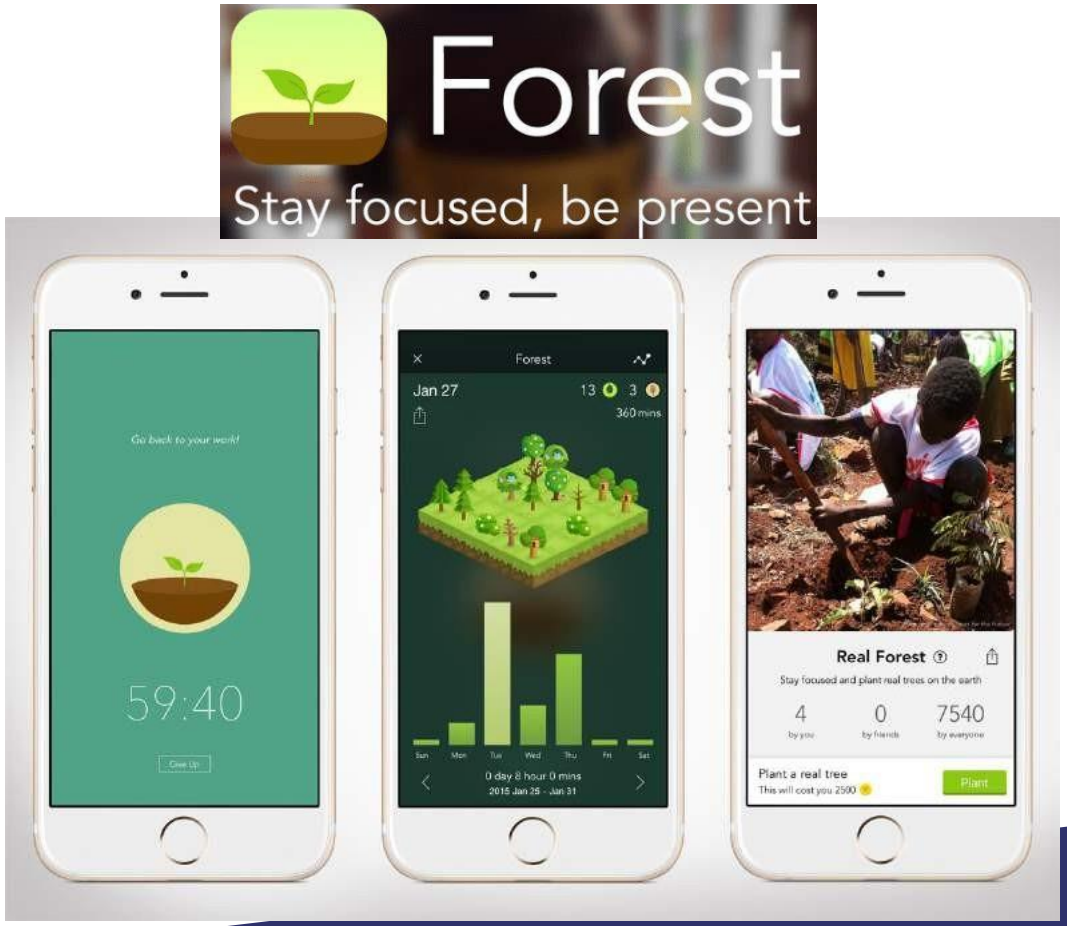
Dealing with tech

- Controlling behaviour ▸ self regulating behaviour
- High powered vs low powered work

Dealing with tech



Hold



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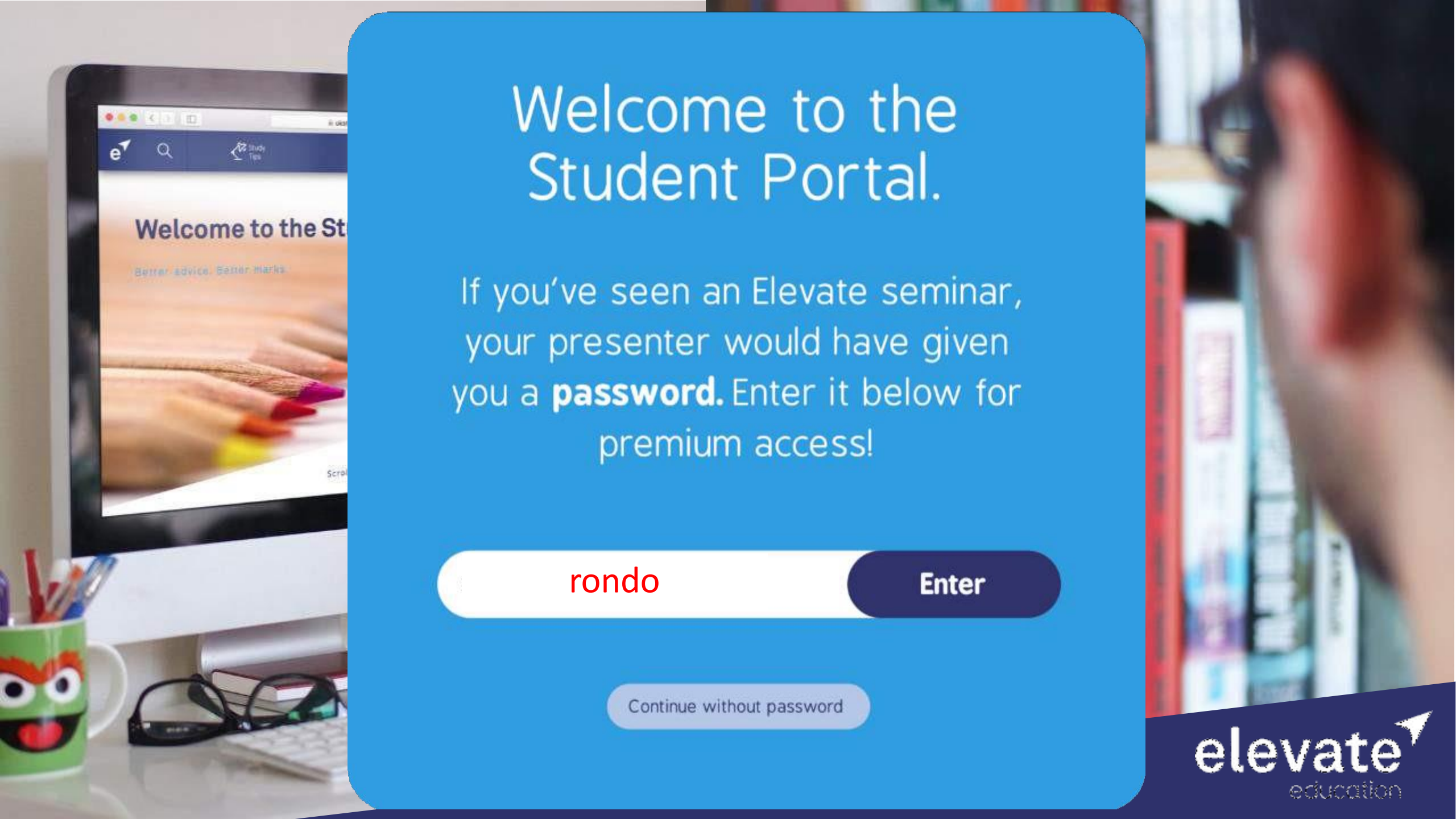
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Next steps you can take

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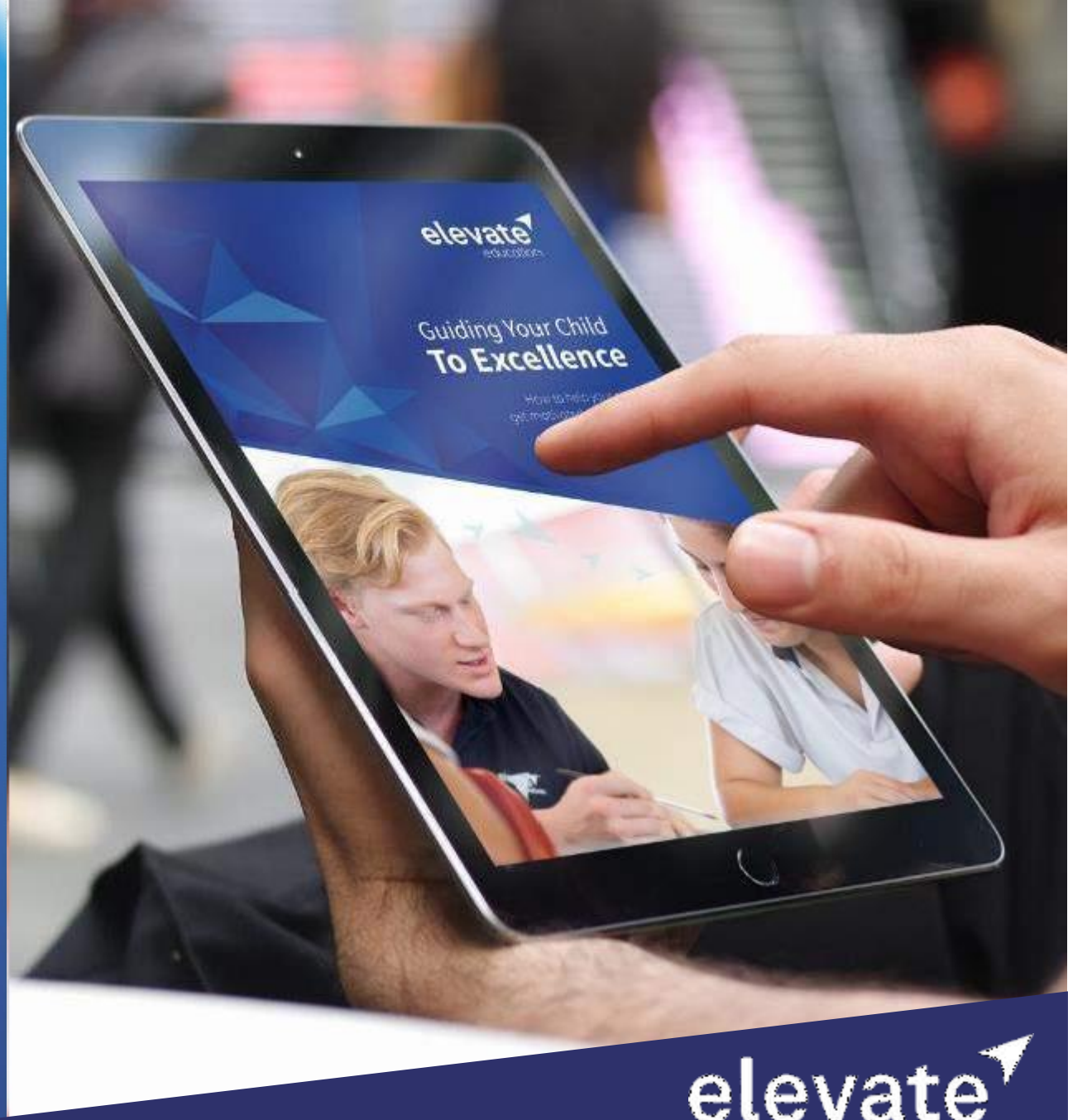
Parent Guidebook

Articles | Planners | Guides



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Parent Webinars

Topic-Specific | Live Q&A

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PARENT WEBINARS

PARENT GUIDEBOOK

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