



1:30pm – 3:30pm  
Friday 21<sup>st</sup> June  
@ The Bridge

## Attachment Play Workshop

Join us for an insight into Attachment Play in a workshop led by **Kairos Arts**. Some highlights include:

- **Understanding play** and how fundamental it is in child development.
- Exploring the **role of attachment** in a child's emotional well-being.
- Using play and practical techniques to **strengthen bonds** with children.
- **Reflective communication** to understand children's needs and emotions.
- Discover the importance of **setting boundaries** in a child's sense of safety.
- Engage in **hands-on experience** for practical learning.

**Who is it for?** For **parents** of children aged from 0 – 11 years who would like to feel empowered to understand children's feelings, enhance responsiveness, and foster positive relationships.

**How can I take part?** To join or find out more details, contact the Children and Families Hub team on 01534 519000, or email [childrenandfamilieshub@gov.je](mailto:childrenandfamilieshub@gov.je)

The Children and Families Hub provides information, advice and support for children, young people and families.

To find out more, scan the QR code or visit [www.gov.je](http://www.gov.je) and search for *Children and Families Hub*

